



HOMEMADE FINGER PAINT

This recipe is based on "Washable Finger Paint" recipe which I downloaded from the Recipe Goldmine website. I made this for Toni a couple of months after she turned 1. We covered our dining table with newspapers and stripped her of her clothes except for her diapers. Finger painting with Toni gave us happy memories. I'm not so sure she will remember it though. Thank God for digicams!

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Ingredients:

1 cup all-purpose flour
1 cup cold water
3 cups cold water
Food coloring (I use Ferna)

Materials:

1 large saucepan
1 wooden spoon
4 Microwavable containers
4 Tooth picks (for mixing the colors)

Method:

1. In large saucepan mix the flour with the 1 cup cold water. Stir until smooth.
2. Add the 3 cups cold water. Cook over medium heat, stirring till mixture thickens and bubbles.
3. Reduce heat and simmer 1 minute more while still stirring.
4. Divide the mixture into four microwavable containers and tint with food coloring.
5. Cover partly and set aside to cool.

Tips:

1. This recipe doesn't store very well. So, don't make a huge batch.
2. If the mixture sets, just stir it with the toothpick and you'll be good to go.
3. Check to see if mixture has cooled before you let your kids dip their fingers into it.
4. Depending on the amount of food color you use, some staining may occur. So, cover your work/play area with newspapers before you start. You may even want to wear an apron.
5. Use scratch paper to save money (and trees).