



HOMEMADE PLAY DOUGH

This recipe is based on "Microwave Play Dough in a Jar" recipe which I downloaded from the Recipe Goldmine website. I used to make this using the microwave. But that was until I watched my kitchen hero Michael Smith on AFC cooking play dough on the stove.

I made seriously green play dough for Toni's birthday goodie bags this November. I hope your kids will enjoy it, too. © Nina Danao

Ingredients:

2 cups all-purpose flour
1 cup salt
2 tablespoons cream of tartar
2 cups water

2 tablespoons baby oil (I use Johnson's baby oil lite)

Food coloring (I use Ferna)

Materials:

1 medium sized sauce pan
1 wooden spoon

Method:

1. Mix the dry ingredients. Set aside.
2. Put the salt and water in the sauce pan and mix well. Add the oil and the dry ingredients and mix until smooth.
3. Cook the mixture on medium-low heat with constant stirring. Stop cooking when the dough begins to pull away from the sides and clumps together. The dough should not be spreadable.
4. Once cooled, add food color a drop at a time and knead well.

Tips:

1. The dough lasts for several months. Store in the refrigerator or in an airtight container when not in use.
2. Don't worry if you're not very artistic. You can always use cookie cutters and clay molds. Besides, children appreciate the time you spend playing with them more than your level of artistry.
3. If you're using "rock" salt, make sure the salt is fully dissolved in the water before you add the other ingredients. Otherwise, you'll end up with play dough that has bits of salt in it.
4. To make seriously green play dough, reduce the water to 1.5 cups and add 30 drops each of blue and yellow Ferna food coloring.